



# Packing List

Make sure you have everything you need for a great week.

When deciding what clothes to pack, please choose comfortable, modest clothing (please no spaghetti straps, shirts cut low at the neck or arms, clothing with questionable messages, etc.). If you have questions about appropriate clothing, please call our office. We recommend labeling all items to assure they return home safely.

## What to bring

- Short sleeve t-shirts (6-7)
- Shorts (5-6)
- Long pants or sweatpants
- Jacket or sweatshirt
- Socks
- Underwear
- Pajamas
- Tennis shoes for recreation
- Tennis shoes, socks and old clothes for creek hike and mud activities
- Swimsuit (girls—modest one-piece suits; guys—boxer style)
- Swim towel
- Bath towel and wash cloth
- Toothbrush/toothpaste
- Soap/shampoo
- Sleeping bag and pillow (with pillowcase)
- Bible
- Pen/pencil
- Flashlight
- Insect repellent
- Sunscreen
- Musical instrument (optional)
- Book to read during cabin time (optional)

## What not to bring

- Cell phones
- Any electronic devices (including iPods/.mp3 players, games, e-readers, radios, etc.)
- Fireworks/weapons/illegal substances
- Snacks & food (food attracts unwanted critters...)
- Cash (you will not need money at camp)
- \*Snacks, crafts, and camp photo are included in the cost of camp.*

## Bring to Registration

All medications (both prescription and over-the-counter) must be turned in to the camp nurse when checking in. Medications must be in their original containers with camper name and dosage instructions printed on them.

*\* Special arrangements can be made for any campers needing to carry medications such as inhalers and EpiPens.*